



*The Peninsula Spa*  
at the  
*Dingle Skellig Hotel*



## About VOYA

VOYA is the world's very first certified organic seaweed skincare brand and was created in Strandhill, Co. Sligo. The VOYA range uses the highest-quality botanical ingredients and aromatherapy oils combined with certified organic seaweed which is carefully harvested by hand and selected by sight from the Wild Atlantic Coast of Ireland. VOYA is constantly working with the most advanced cosmetic scientists to formulate highly effective seaweed based products. Their extensive range now includes over 50 products from advanced organic facial and body products to home fragrances.



We are very excited to announce the addition of VOYA to our extensive list of treatments here at The Peninsula Spa. Our therapists will ensure a therapeutic experience which will leave you relaxed and rejuvenated.

## What are the benefits?

### Anti-aging Properties

Seaweed contains natural anti-aging properties. VOYA products can improve the suppleness and elasticity of skin, stimulate the renewal of damaged skin cells, detoxify, cleanse and tone while being naturally moisturising. The appearance of fine lines and wrinkles is reduced, preventing the signs of premature aging, resulting in brighter, younger and fresher looking skin.

### Anti-oxidant Protection

Seaweed is nature's most powerful anti-oxidant from the vegetal world. Its abundance of minerals and vitamins are

deeply detoxifying, hydrating and nourishing, helping to fight against harmful environmental aggressors and strengthen the immune system.

### Improves skin conditions

Seaweed has been known to be used as an effective treatment for conditions such as psoriasis, eczema, dermatitis, and acne. It contains anti-inflammatory & therapeutic properties that are effective in the treatment of sensitive and allergy prone skin.

### Impacts the appearance of Cellulite

Seaweed aids the contouring

process by stimulating micro-circulation. Toxins are flushed from the body as the circulation functions in a healthier manner and lymphatic drainage is increased, as a result, the appearance of cellulite is reduced.

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## VOYA Facial Treatments

### **Deluxe Facial Experience** (1 hour 30 minutes)

**€129.00**

The ultimate VOYA facial experience, this treatment allows you to experience the best of both worlds. Beginning with a relaxing back massage, this facial contains a 20 minute massage to deeply hydrate the skin followed by a dual action facial mask. Ideal for skin lacking hydration and fullness.

### **Self Discovery Radiance Facial** (60 minutes)

**€99.00**

This incredible skin specific facial is tailor made to your skin type. Incorporating a relaxing facial massage that releases any build-up of toxins, this facial will improve radiance and restore a glowing complexion. Choose from Purifying, Ultra Calming or Intensive Hydra Veil.

### **Marine Eye Treatment** (30 minutes)

**€49.00**

This unique treatment is designed for refreshing and rejuvenating tired eyes. Using specific products rich in seaweed extract, green tea and Vitamin C, this treatment will help reduce the appearance of fine lines and decongest the eye area.

### **VOYA Taster Facial** (30 minutes)

**€40.00**

Enjoy the VOYA experience with this mini treat.

## VOYA Body Treatments

### **Organic Seaweed Leaf Wrap** (1 hour 30 minutes)

**€139.00**

Unlike any other seaweed treatment, this truly amazing detoxifying therapy uses real organic seaweed leaves to scrub and wrap your body. Beginning with bladderwrack body buff to exfoliate then continues using fresh leaves of Atlantic seaweed to cocoon the body to deeply detoxify, moisturise, soften and revive the skin. Completed with an application massage of Softly Does It.

### **Organic Tangle Me Up Seaweed Body Wrap** (60 minutes)

**€95.00**

This all over body treatment revitalises the skin, with a full body brush and a luxurious warm seaweed body mask. VOYA's body wrap will have you untangled and tingling.

### **Organic Warm Spiced Mud Wrap** (60 minutes)

**€95.00**

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the rich mud wrap. The extract is rich in potent anti-oxidants and minerals. Definitely for the results driven client, this wrap offers immediate and noticeable effects to the skin, including firming and toning the body. This is a serious detoxifier, metabolism stimulator and a natural anti-aging boost.

### **Organic Lavender and Seaweed Sugar Glow** (50 minutes)

**€80.00**

This treatment uses a medley of ingredients to invigorate, exfoliate and nourish the skin. A gentle aromatic body sugar scrub offers a double action: sugar to gently remove dead skin cells and seaweed extracts and lavender essential oil which induce healing.

### **Organic Stimulating Seaweed Body Buff** (50 minutes)

**€80.00**

Let us scrub your body head to toe with certified organic bladderwrack body buff, it is the ultimate treat for tired and dull skin. The anti-oxidants from mineral rich bladderwrack seaweed combined with VOYA's signature seaweed massage oils offer a powerful organic way to better skin.

## Signature Treatment

### **VOYager Massage Journey** (1 hour 30 minutes)

**€130.00**

A complete top to toe relaxation journey incorporating scalp massage, facial massage, stretches and body massage that replicates the movement of the sea. This luxury treatment relieves aches and pains and is tailored to individual needs.