

## Dingle Skellig Hotel Leisure Club Classes

**March 2020**

May be subject to change

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:30am – 10:30am</b>	Hydro Spin					Kids Swim Lessons
<b>10:00am – 11:00am</b>	Parent and Toddler	Circuit Training		<b>School swim</b>  <b>9.45-11am</b>		Kids Swim Lessons  Parent and Toddler
<b>11:00am – 12:00pm</b>	Parent and Toddler	Aqua Aerobics 11.00am-11.45am	Aqua Aerobics 11.30am-12.15am	Yoga 11.15AM -12.30PM		Parent and Toddler
<b>12:00pm – 1:00pm</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>
<b>1:00pm – 3:00pm</b>			<b>School swim</b>  <b>1.30-2.45PM</b>			
<b>3:00pm – 4:00pm</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>
<b>4:00pm – 5:00pm</b>		<b>School swim</b>		<b>School swim</b>		
<b>5:00pm – 7:00pm</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>	<b>No Classes</b>
<b>7:15pm – 8:00pm</b>	Hydro Spin	Hydro Spin	Hydro Spin	Aqua Aerobics  7.45pm-8.30pm		

Call us now 066 9150222 or email [joconnor@dinglekellig.com](mailto:joconnor@dinglekellig.com)