



THE COASTGUARD RESTAURANT

Here at the Coastguard Restaurant our Kitchen team use only seasonal ingredients & locally sourced Irish meat, fish, poultry & game wherever possible. If you have any dietary requirements please feel free to speak to a member of our team & we will endeavour to meet your request.

2 Course Meal with Tea/Coffee €47.00
3 Course Meal with Tea/Coffee €59.00

750ml San Pellegrino Sparkling Mineral Water €7.50 | 750ml Ballygowan Still Natural Mineral Water €7.50

TO BEGIN

Seared Atlantic Scallops, Ashes Black Pudding

Sage & Onion Potato Rosti, Mustard Cream
(1(a), 1(b), 2, 6, 7, 9, 10)

House Cured Organic Salmon

Asian Aromatics, Pickled Cucumber,
Wasabi Crème Fraiche
(4, 7)

Roast Confit of Thornhill Duck Leg

Wilted Pak Choi, Celeriac Puree, Orange Glaze
(6, 7, 9, 12)

Honey Fig & Parma Ham Salad

Garden Leaves, Galia Melon,
Glazed Pecans, Balsamic Dressing
(6, 8 (Pecan Nut), 10, 12)

Chef's Freshly made Soup of the Day

Skellig Breads
(1(a), 1(b), 1(d), 3, 6, 9, 11, 12)

Dingle Dubh Goats Cheese Crostini

Onion Jam, Beetroot & Chilli Salsa
(1(a), 3, 6, 7, 9, 10, 12)

MAIN COURSES

Pan Fried Prime Fillet of Irish Beef

Purple Stem Broccoli, Dauphinoise Potato,
Green Peppercorn Cream
(4, 6, 7, 9, 12)
€9.00 supplement

Slow Braised Shank of West Kerry Lamb

Creamed Potato, Baby Carrots & Leek,
Pancetta, Pearl Onion jus
(6, 7, 9, 12)

Pan Fried Fillet of Hake

Ratatouille Nicoise, Potato Fondant,
Basil Pesto
(4, 6, 8 (Pinenut), 9, 12)

Roast Wild Halibut

Crushed Potato, Asian Greens,
Chilli Ginger Coconut Broth
(4, 6, 7, 9, 12)

Roast Spiced Cauliflower Steak

Wilted Spinach, Pickled Raisins,
Korma Cream, Toasted Cashew
(6, 8 (Cashew), 10, 12)

Pan Fried Supreme of Chicken

Roasted Butternut Squash Risotto,
Parmesan Crisp, Balsamic Reduction
(6, 7, 9, 12)

ALLERGENS

1. Cereals **(a)** Wheat **(b)** Oats **(c)** Rye **(d)** Barley **2.** Crustaceans **3.** Eggs **4.** Fish **5.** Peanuts **6.** Soya Beans
7. Milk **8.** Nuts (Almonds, Hazelnuts, Walnuts, Cashews, Pecan Nuts, Brazil Nuts) **9.** Celery **10.** Mustard
11. Sesame Seeds **12.** Sulphites **13.** Lupin **14.** Molluscs.

Please let your server know if you have an allergy which is not listed above.